SPORTSMEN YACHT CLUB NEWSLETTER JULY 2010

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UPCOMING EVENTS AT SPORTSMEN



- 4 Happy 4th of July!
- 9 Club Dinner & Meeting
- 10 Work Party

23-25 4S at Sportsmen YC

August

- 6 Club Dinner & Meeting
- 7 Work Party
- 7-8 San Rafael Cruise-In (pending)

September

4-6 Labor Day Cruise-Out

- 10 Club Dinner and Meeting
- 11 Club Picnic
- 13 Monday Night Football Begins (Steak Dinners by Chuck& Ann English)
- 18 Work Party





In case you haven't noticed, or haven't been around the Club lately, there was a huge amount of work accomplished in the month of June and I'd like to acknowledge the **tremendous effort and TEAMWORK!**

With the help of Casey Curry, Lonnie and Alice Gibson, Shirley Karr, Blair Camp, William Odum, Garry Ridolfi and his friend Peter, Mike Hoskins, Dan Lively, and Ed Elledge, we now have sod at the horseshoe pit area and in front of the double wide, and the surrounding picnic area. Shirley has been busy creating flower beds and Alice has completed the Sportsmen burgee and planter area.

The bank repair is about 95% complete with Dan Lively, Lonnie Gibson, Garry Ridolfi, and his friend Peter working in the dust for hours.

Mike Hoskins and Garry Ridolfi excavated and repaired the sewer line between the double wide and the septic tank.

Ann Marie Alcorn pressure washed and cleaned the picnic area twice.



VICE COMMODORE GARRY RIDOLFI

July is here and we are looking good at the Club. The sod is in at the horseshoe pit and also at the Caretaker's house. The front wall is finished; looks great. Grass is growing out front and behind the BBQ area.

I am pleased to announce the repair of the river bank is done. The rip-rap has been installed along the shoreline and looks great. I want to thank Dr. Dan, Bob Karr, Lonnie Gibson, Tim Lamb, and my worker, Pete, who helped in the placement of the rock.

Congratulations to Alice Gibson, Chuck Carroll, and Scott Jett on their new

Rick Hinds and Don Wilson replaced the guard railing on the south side of the guest dock.

Len Adkerson and John Perryman replaced the wire fencing on the south side of the Ferry.

Don Wilson, Mike Hoskins, Steve Jackman, and Chuck English helped with the men's upper bathroom remodel.

Bill Pato, Chuck Carroll, and Mike Hoskins completed the sprinkler system installation.

Ann English helped Nicole Langer prepare and paint the stairs and hand railing on the NE end of the Ferry.

Belynda Zobb and Kathie Hammer provided files and notes of the 1994, 2002, and 2006 4S events which will be of great help in the final weeks of the July 4S planning.

I wish I could have been more creative with this article; however, June, for me, was all about the work. I enjoyed watching these projects come together and **it is important to express my** heartfelt thanks to our fellow members.

Ultimately, it's not just about the 4S games . . . what we are doing makes this a better place for all of us!

positions in the Club. I think we couldn't have picked more deserving and well-qualified people for the jobs. Those three always give 110% to this Club.

We did have a great work party in June and I want to thank all who showed up. I would like to remind all Associate Members to come out for work parties.

A reminder to dog owners:

You are responsible for your dogs. Please make sure you keep them under control and clean up after them. Do not leave them unattended and they must be supervised at all times.



SPORTSMEN YACHT CLUB NEWSLETTER

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Hello Folks,

Good to see a great number of folks at the Club for the 4S tryouts. We had a great time and a good lunch. Thanks, very much, to those of you who cooked lunch! Rob Langer and I are representing our Club in Texas Hold 'Em. Chuck did an awesome job coordinating the tryouts. We will be strong contenders in all the events. Good luck and thanks to everyone who came out.

Lots of work still going on . . . levee repairs, bathroom remodels just to name a few. Please jump in and help out if you can.

Thanks to the folks helping out behind the bar. A special thanks to Rob and Nicole Langer for keeping us in stock with cups. There is a sign-up sheet for 4S bartenders. Please help out if you can.

Fishing Report:

Tom Sanders and I did a rockfishing trip aboard the C-Gull with Captain Donnie Wong and Deckhand Chris. We ran out north of the Farallones and caught a decent grade of rockfish limits. We stopped and did a couple drifts in the Bay and I picked up one halibut. We attended the CSBA dinner and Tom gave a great presentation at the Driftwood Yacht Club.

Get out and catch some fish and enjoy the good times on the water!

Bulletin Correction

Boys Nite Out, not Bill Worrell, donated to the Sod Fund (June 2010 Newsletter).

What is Boys Nite Out . . . a bit of history.

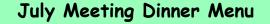
Started in early 1984 by P.C. Scannell and Dwayne "Deac" Minik as Hump Nite on Wednesday; meaning over halfway through the work week. Soon Steven Nichols, Elvis Lawhorn, George Brayton, Bert Sneider, and many other Sportsmen started showing up, playing liars dice and pool. With the money generated by the pool table, soon we had the shuffleboard and two dart boards and a video poker game.

Food was introduced by P.C. Ray Murphy with his famous fish head stew made from striped bass carcasses and heads. The first attempt didn't go too well. After starting to boil the fish bodies, Elvis invited Ray to go fishing and off they went -- with the stew bubbling away. The fish boiled dry and left the hall smelling of rotten fish. It took days for the smell to clear.

This is only one of the many 'legends' of Boys Nite Out. All members are welcome and encouraged to bring a friend. Many of our members have learned of the Club this way. Oh yes, women are also welcome . . . as I always say, "we need someone to do the dishes."

The menu is varied and often determined Wednesday afternoon. Always cooked fresh, often from leftovers, this informal meal is served after 6 pm and always before 8 pm. Our Membership has many world famous chefs, locally, but sometimes amateurs are used. Al Alcorn has the title of best hot dog chef, painfully earned, but no one got sick or went home hungry.

Boys Nite Out, on Wednesday, is a much better meal than fast food and of course the bar is always open. Just another treasure of the Sausalito. Bill Worrell



Mexican Dinner Cake

Dinner from: LaVilla Mexican Restaurant

Sponsored by Rick and Terri Barton

Dinners are \$10 per person Come join us!

We are limited to 50 reservations, so make your reservations on-line or contact Cindy Mammon at (625-0590)

Newsletter articles are due by the 20th of each month Please send articles to: Julie Thornburg Email: newslettereditor@sportsmenyc.org ■ Phone: 510.915.4253

> Rememberíng Ray Salva

Fellow member Ray Salva passed away unexpectedly on May 29, 2010. Ray joined the Club in 1985 and he and Casey enjoyed many great times there. For several years, they were "regulars" as Relief Caretakers. On June 16th, they would have been married nine years. Ray loved being around the water, enjoying our Delta and the river area near their home in Walnut Grove.

Our sincere sympathy to Casey and their family.

JULY 2010



HISTORIAN'S NOTES KATHIE HAMMER

One of the things the passengers enjoyed the most about the old ferryboats is being able look into the set of glass windows located between the engine fidley and the main cabin to see the main engine in motion while the vessel was under way. It was always the hope of all youngsters to be able take a seat close to the fidley windows so they could press their noses against the window pane that separated them from the magic connecting rod whose up and down motion held them spellbound.

This wonderful spectacle came to an abrupt ending in 1922 when our ferry Sausalito was making a run from San Francisco to Sausalito. The walking beam broke in a critical spot. The main connecting rod tore loose, taking with it a good portion of the hurricane deck. At the same time, the walking beam clattered down into the cabin, creating a panic among the passengers. Shortly thereafter, all of the windows which had the wonderful view of the engine were boarded up. Much of the fascination of the ferryboats disappeared when the fidley windows were covered.



PICYA REPORT DARLENE DAWSON

PICYA's Upcoming Events

Jul 12	Delegates Dinner & Meeting at Delta Marina YC
Jul 19	Board of Directors Meeting at Oakland YC
Aug 2	Delegates Dinner & Meeting at San Joaquin YC

Aug 16 Board of Directors Meeting at Oakland YC

Recreational Boaters of California (RBOC)

Proposed Coastal Marina Permit



UPDATED Call to Arms

RBOC is urging boaters to download and sign the letter at http://www.roboc.org/pdf_documents/ R O B O C _ C a I I - t o - A r m s _ [SWRCB_Marina_Permit]_2-19-10.pdf, opposing the proposal of the California State Water Resources Control Board (SWRCB) to establish a statewide requirement that marinas and clubs with 10 or more slips and moorings obtain a state permit (termed a Coastal Marina Permit) and comply with many new requirements including extensive testing and reporting at a projected annual cost of hundreds of thousands of dollars.

Boaters stateside should be concerned and take action. The use of the word "coastal" in the permit name is a misnomer. The

text of the proposal states that it would be required of moorings and



marinas located not only along the coast but in bays, estuaries, and certain fresh water mixing zones such as the San Joaquin Delta. The scope could also be expanded as the proposal moves forward.

RBOC is working on this critical issue in cooperation with allied partners including Bay Planning Coalition, Boat US, California Association of Harbor Masters and Port Captains, California Marine Parks and Harbors Association, California Yacht Brokers Association, Marina and Recreation Association, and Western Boaters Safety Group.

Many thanks to all of you who signed letters at our January meeting. This issue is not going away. <u>WE MUST</u> STAY VIGILANT!

I will have updated letters for you to sign at the July meeting.



But I also know that in places, the river still runs deep, and though I've floated it in these places, it hasn't revealed itself in such obvious ways. I know that it might be months -- years, even -- before I understand what it has to teach me. I still need to give myself over to the flow and pattern and rhythm of it to learn its lessons and hear its messages. The river is inside me now, I know, and I need only wait and see where the current takes me, and what lies beneath it

~ Jeff Wallach, What the River Says

NOTICE REGARDING GATE ACCESS TO THE CLUB

THE TEMPORARY GATE ACCESS TO THE CLUB WILL BE DISCONTINUED WITHIN THE NEXT WEEK. IF YOU HAVE NOT CONTACTED US WITH YOUR GATE CARD OR CLICKER NUMBER, PLEASE DO SO RIGHT AWAY! THANKS, FREDA LUCIDO 925.228.3609



Drain Doctors and Plumbers Michael Maguire

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"If it's Plumbing, We do it!

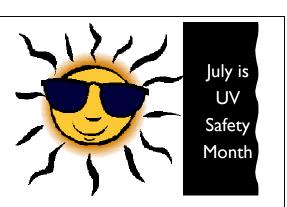
925-778-8448







by Anita Hinds



Skin cancer, wrinkles, premature aging - now you can add cataracts and macular degeneration - eye conditions that can lead to blindness - to the list of dangers the sun can inflict.

Recent studies have shown that prolonged exposure to the sun's ultraviolet rays, without protection, may cause serious eye conditions that can lead to vision loss and blindness.

Because July is UV Safety Month, eye doctors across the country are taking this opportunity to urge Americans to wear sunglasses and wide-brimmed hats whenever spending prolonged time in the sun.

Wear sunglasses that block 99 to 100 percent of UV-A and UV-B rays. Buying a good pair of sunglasses is not enough. You must remember to wear them whenever you're outside. Don't be fooled by a cloudy day. The sun's rays can still burn through the haze and thin clouds.

And please, don't forget the kids. Children should also wear hats and sunglasses and try to stay out of the sun between 10:00 a.m. and 2:00 p.m., when the sun's ultraviolet rays are the strongest.

Have fun in the sun, but remember to protect your eyes!

Hello Everyone,

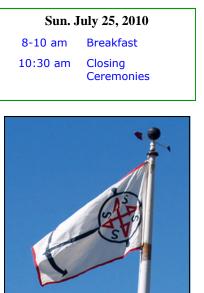
4S is right around the corner and we are ready for a great weekend. We have been working hard to get all the final details done. I'm sure you have noticed how great the grounds look, with all the new grass, plants, etc. Special thanks to Shirley Karr and Alice Gibson for the hard work and time they put into our Club.

Chuck did a wonderful job planning and organizing the 4S Try Outs. Everyone had a great time and he even provided lunch for everyone. It was a fun day! Thank you, Chuck, for being a great 4S Game Chairperson and a Great Guy!!!

Tentative Schedule

Thursday, July 22			
6:30 pm	Dinner – Taco Bar		
Friday July 23, 2010			
8-10 am	Breakfast		
12:30-2 pm	Lunch		
6:30 pm	Dinner		
8-9 pm	Entertainment Wheel of Fortune		
9 pm-?	Music		

Sat. July 24, 2010			
7:30-9 am	Breakfast		
9:30 am	Opening Ceremonies		
10:30 am	Games Section 1		
12-1:30 pm	Lunch		
2 pm	Games Section 2		
5-5:45 pm	No Host Cocktails		
6-7:45 pm	Dinner Show		
7:45-8:45 pm	Raffle		
8:15-9:15 pm	Awards		
9:30 pm-?	Music		



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Please plan to join the fun at the 57th Annual 451

JULY 23-25, 2010 Welcome to All Members of San Joaquin YC Sacramento YC Stockton YC

HOSTED BY SPORTSMEN YC



THIS YEAR'S THEME:

A LIGHT FOR THE DELTA

TO MAKE YOUR RESERVATIONS ...

- COMPLETE AND MAIL THE PRINTED REGISTRATION FORM ALREADY PROVIDED TO YOUR CLUB.
- GO TO OUR WEBSITE WWW.SPORTSMENYC.ORG. AT THE BOTTOM OF THE HOME PAGE, CLICK ON THE "4S REGISTER NOW" BUTTON. CHOOSE TO PRINT OUT THE REGISTRATION FORM, COMPLETE AND MAIL IT, OR...
- CLICK ON THE "4S REGISTER NOW" BUTTON AND CHOOSE TO REGISTER ON-LINE. YOUR CHECK MAILED TO US PRIOR TO THE EVENT WILL BE APPRECIATED!

NEED ACCOMMODATIONS?

IF YOU'RE PLANNING TO COME BY BOAT OR RV, PLEASE COMPLETE THE APPROPRIATE INFORMATION ON THE REGISTRATION FORM SO WE CAN MAKE ARRANGEMENTS TO ACCOMMODATE YOUR BOAT OR RV.

IN ADDITION, WE HAVE A BLOCK OF ROOMS RESERVED UNDER "SPORTSMEN YACHT CLUB 4S" AT THE COMFORT SUITES AT 5549 BRIDGEHEAD ROAD NEAR OUR CLUB. THEIR PHONE NUMBER IS (925) 755-1222. THERE ARE AVAILABLE SUITES WITH ONE KING BED FOR \$89. EACH PERSON WILL BE

TWO QUEEN BEDS FOR \$99 AND SUITES WITH ONE KING BED FOR \$89. EACH PERSON WILL BE RESPONSIBLE FOR MAKING THEIR OWN RESERVATIONS THROUGH THE COMFORT SUITES, CONFIRMED WITH A CREDIT CARD. THESE ROOMS ARE BEING HELD UNTIL JULY 8TH, BUT AFTER THAT DATE THEY CANNOT GUARANTEE ROOMS AT THIS PRICE.



Sportsmen Yacht Club P.O. Box 518 Antioch, CA 94509 www.sportsmenyc.org





FUN FOOD FACTS

A A

More than 1 in 4

The chance that the hot dogs and pork sausages consumed on the Fourth of July originated in Iowa. The Hawkeye State was home to 18.9 million hogs and pigs on March 1, 2010. This represents more than one-fourth of the nation's total. North Carolina (9.1 million) and Minnesota (7.2 million) were the runners-up.

6.5 billion pounds

Total production of cattle and calves in Texas in 2008. Chances are good that the beef hot dogs, steaks and burgers on your backyard grill came from the Lone Star State, which accounted for about one-sixth of the nation's total production. And if the beef did not come from Texas, it very well may have come from Nebraska (4.6 billion pounds) or Kansas (3.9 billion pounds).

<u>6</u>

Number of states in which the value of broiler chicken production was \$1 billion or greater between December 2007 and November 2008. There is a good chance that one of these states -- Georgia, Arkansas, North Carolina, Alabama, Mississippi or Texas -- is the source of your barbecued chicken.

About 1 in 3

The odds that your side dish of baked beans originated from North Dakota, which produced 34 percent of the nation's dry, edible beans in 2009. Another popular Fourth of July side dish is corn on the cob. Florida, California, Georgia, Washington and New York together accounted for 66 percent of the fresh market sweet corn produced nationally in 2009.

Please Pass the Potato Salad

Potato salad and potato chips are popular food items at Fourth of July barbecues. Half of the nation's spuds were produced in Idaho or Washington state in 2009.

More than three-fourths

Amount of the nation's head lettuce production in 2009 that came from California. This lettuce may end up in your salad or on your burger.

<u>7 in 10</u>

The chances that the fresh tomatoes in your salad came from Florida or California, which combined accounted for 70 percent of U.S. fresh market tomato production last year. The ketchup on your burger or hot dog probably came from California, which accounted for 95 percent of processed tomato production in 2009.

Florida

The state that led the nation in watermelon production last year (818 million pounds). Other leading producers of this popular fruit included California, Georgia and Texas, each with more than 500 million pounds.

76 million

Number of Americans who said they have taken part in a barbecue during the previous year. It's probably safe to assume a lot of these events took place on Independence Day.



Firework Safety

Like colored gold dust sparkling high in the sky, watching fireworks is a 4th of July tradition.

Fireworks contain explosive materials and only experts should handle them. There are some fireworks available for public use called "consumer fireworks". These fireworks include cone fountains, cylindrical fountains, roman candles, skyrockets, firecrackers, mines and shells, helicopter-type rockets, certain sparklers and revolving wheels. Stay away from anything that isn't clearly labeled with the name of the item, the manufacturer's name and instructions for proper use. Even these products should be used with caution and always with adult supervision.

Firework rockets work in a similar fashion to military rockets. A fuse ignites a combustible substance, which forms gases that jet out propelling the rocket upwards. Once the rocket is high in the sky, a second combustible substance explodes. The explosion releases firecrackers (causing the bang) and the colored sparkles.

Many different substances go into making fireworks. Coloring agents include: lithium for red, sodium for gold and yellow, copper to help create blue, barium for the green (it also helps stabilize volatile elements). Titanium and iron help produce sparks and sulfur helps to fuel fireworks.

To help you celebrate safely this Fourth of July, the Consumer Product Safety Commission and the National Council on Fireworks Safety offer the following safety tips:

- 1. Always read and follow label directions
- 2. Have an adult present
- 3. Buy from reliable fireworks sellers
- 4. Ignite outdoors
- 5. Have water handy
- 6. Never experiment or attempt to make your own fireworks

- 7. Light one at a time
- 8. Never re-ignite malfunctioning fireworks
- 9. Never give fireworks to small children
- 10. Store in a cool, dry place
- 11. Dispose of properly
- 12. Never throw fireworks at another person
- 13. Never carry fireworks in your pocket
- 14. Never shoot fireworks in metal or glass container

Fourth of July Word Search

Find the hidden words associated with the Fourth of July.

I C A K S T T O I R T A P X A H F AMERICA COLONIES JOKDECLARATIONDT CONSTITUTION S COOKOUT F N M R P S E I N O L O C O X H K DECLARATION FIREWORKS GSFFNUFVSTRIPESIR FLAG TRWYSXYUVAEUUHRO L FREEDOM BICIWSTSCINCIPXTWFUN GAMES NTEZFOURTHBNIFLEE HOTDOGS INDEPENDENCE YUFOCCEMLPQELRPER JULY T T H L S O W M M I N D I K E N I LIBERTY PARADES RIYCAEOBGEBNCGZMF PARTY PATRIOT AOULYGMKCWREBESP Α PICNIC STARS PNZSUOSAOEPPRGFJ 0 STRIPES M Q W A D J R B G U B E O T I I I SUMMER THIRTEEN CLQEDWAIUMTDYCYNH WEEAVYTSEWTNOSIZL SRJFHESZROEIZRDGX FNQNQKSEHPARADESI